RainForest Aquaculture makes every effort to produce premium quality tilapia for consumption around the world, due to its reliable water source, nutritionally optimized feeding, growth monitoring and rigid quality control at every stage of the production chain.

Tilapia is a rich source of protein, but low in calories. It has no trans fats or carbohydrates, and it is a source of several essential minerals and vitamins. The USFDA lists tilapia as one of the safest fish for human consumption.

RainForest Aquaculture is a pioneer of Tilapia farming in Costa Rica and Panama. We have over 27 years of cumulative experience in tilapia farming, servicing the US market with responsibly farmed, premium quality products with no preservatives, chemicals or additives.

RainForest has vertically integrated operations, including everything from feed production, hatchery, farming, processing to sales and marketing of our products. A complete traceability system is in place to record the entire life history of our tilapia.

All year round, RainForest products are flown in daily, fresh to your plate from Central America.
TILAPIA
Oreoichromis

- **HEAD ON WHOLE FISH**
  - Fresh
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz
  - Frozen
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz

- **FILLETS**
  - Fresh
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz
  - Frozen
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz

- **SKIN PATCH ON FILLETS**
  - Fresh
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz
  - Frozen
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz

- **BREADED FILLETS**
  - Fresh
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz
  - Frozen
    - 3/5oz, 4/6oz 5/7oz, 7/9oz, & 9/11oz